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# Beauty tips for Spring

## Winter Vacation

I'm still reminding myself to write "2006" when I sign a check, yet I've already accomplished a New Year's resolution: to try a new sunless-tanning method. Okay, well that wasn't exactly one of my resolutions, but I did resolve to try new things, and until recently, I had never self-tanned before!

Two weeks ago, I discovered Sunbrushed. Not your average self-tanning spray-can method, the Sunbrushed kit provides pre-tan exfoliant, tan formula, tan extender lotion, gloves (though I recommend using your own elastic gloves for a better fit), and a micro fiber application cloth.

I was hesitant about the whole self-tanning process. I'd heard horror stories—orange skin, blotchy skin, skin that broke out in a rash. I was reassured by Sunbrushed's promise to tan me "safely and quickly," and once I opened the pre-tan exfoliant and got a whiff of its sweet, citrus scent, I knew there was no turning back.

Surprisingly, the application process was quite simple. Applying the tanning formula was similar to taking a bath using a washcloth. I was able to apply the formula everywhere without much difficulty. And I began to see my tan form almost immediately, as the formula was still being applied!

After letting it all set it to take effect, I applied the tan extender, which is basically a solution of aloe and rose hips oils that assists in maintaining a self-tan afterglow. My skin was left silky and radiant, as if I had spent my winter at the beach.

A photograph of the Sunbrushed self-tanning kit. The kit is a clear plastic bag with a black handle, containing a red bottle of 'Sunbrushed Tanning Formula', a white bottle of 'Sunbrushed Tan Extender Lotion', and a white microfiber cloth. The background is a dark blue with a sun icon and the text 'SUNBRUSHED™ The perfect glow for every skin tone.'